Understanding Horticulture for Health and Well-being

Building on Research
We have a mountain of research that supports the concept that horticulture is therapeutic, thus supporting many programs and career areas promoting plants and human well-being.
Plants are the Key to Human Survival
Plants are Key to Human Survival
Biophilia:
Love of other forms of life in nature
- Biophilia: love of Nature

Plants are Key to Human Survival
Hortophilia:
Love of Cultivating a Garden
Hortophilia: love of cultivating a garden

- Biophilia: love of Nature

Plants are Key to Human Survival
Hortophilia and Healthcare
therapeutic and rehabilitative applications of horticulture
Hortophilia and Healthcare

Hortophilia: love of cultivating a garden

- Biophilia: love of Nature

Plants are Key to Human Survival
Horticultural Therapy as a Healthcare Practice
Horticultural Therapy as a Healthcare Practice

Collaboration and partnership to enhance the effectiveness of many therapeutic approaches including chemical treatments, surgery, and other clinical and medical procedures.
Horticultural Therapy

Hortophilia and Healthcare

Hortophilia: love of cultivating a garden

- Biophilia: love of Nature

Plants are Key to Human Survival
Horticultural Therapy and Evidence Based Practice

External Evidence
Professional Expertise
Patient’s Preference
Next Webinar: Evidence-based Practice in Horticultural Therapeutic Interventions, 17 February 2021, 7 pm