Making Therapeutic Horticulture Accessible

Lucy Bradley
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Consumer and Community Horticulture
NC State University
The Wordcloud

With Whom Should We be Partnering to Advance the Application of Horticulture to Human Well-being?

answer@ergarden.ch/1488386
Bullington Gardens

https://bullingtongardens.org

Partnership with Henderson County Public Schools and the Bullington Gardens NGO

John Murphy <john_murphy@ncsu.edu>
Bullington Gardens

BOOST

Bullington Onsite Occupational Student Training

Teaching pre-vocational skills to 25 high school sophomores with learning disabilities.
Building self-esteem and success in life skills for 40 special needs students with moderate intellectual disabilities.
Adult Programs

Providing activities to reduce anxiety and stress in adults recovering from addiction.
Partnership between NC Cooperative Extension and New Hanover County at the NHC Arboretum

Heather Kelejian
<Heather_Kelejian@ncsu.edu>

https://abilitygarden.org
● 215 programs/year
● 1,200 participants/year

Their primary target audience includes
● people living with disabilities
● older adults
● at-risk youth and
● low-resourced communities
Partners

Community Colleges
- Landscaping
- Occupational Therapy programs.

Universities
- Recreational Therapy
- Gerontology
- Social Work
- Nursing
- Special Education
- Psychology
- Environmental Studies
- Extension Education
NC State Extension Gardener

Extension Master Gardener℠ Volunteers

NC has Therapeutic Horticulture programs in 12 counties

Rieppe Hendrick <rieppeh1@gmail.com>
EMG Therapeutic Horticulture Program
Wake County, NC

wake.ces.ncsu.edu/emgv-wake

- began in 2005
- 50 volunteers serving 12 sites
- Hold ~150 sessions/year
- Serve ~1,500 participants/year
Populations Served

- Retirement communities
- Community centers
- Homeless day programs
- High school special education
- Skilled nursing facilities
- Residential addiction recovery
- Mental health day care
- Neurogenic rehabilitation
- Memory care units
Public Gardens
Online Non-Credit Classes

Introduction to Therapeutic Horticulture

ncbg.unc.edu/outreach/horticultural-therapy
Longwood Gardens
ProHort Training
Urban Horticulture

Emilee Vanderneut <emileevanderneut@outlook.com>
Networking
Carolinas Horticultural Therapy Network

group-therapeutic-hort+subscribe@ncsu.edu

Informal
Semi Annual Gatherings
Inclusive
International
Dr. Xiaoying Bi
Visiting Scholar
Developing a Therapeutic Horticulture Course in China
Dr. Sang Mi Lee

Sabbatical, Horticultural Therapy Researcher in South Korea
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Learn More

- bullingtongardens.org
  John Murphy <john_murphy@ncsu.edu>

- abilitygarden.org
  Heather Kelejian <Heather_Kelejian@ncsu.edu>

- wake.ces.ncsu.edu/emgv-wake
  Rieppe Hendrick <rieppeh1@gmail.com>

- ncbg.unc.edu/outreach/horticultural-therapy
  Sally Haskett

- therapeutic-hort.ces.ncsu.edu/
  Lucy Bradley <Lucy_Bradley@ncsu.edu>

- group-therapeutic-hort+subscribe@ncsu.edu
  Google Group

- Training Young Professionals
  Emilee Vanderneut <emileevanderneut@outlook.com>

- Online Learning
  Xiaoying Bi <bixiaoyingyuanyi@163.com>

- Research
  Sang-Mi Lee <sangmilee@korea.kr>